

Basic Life Support

Overview:

The course is in line with the Resuscitation Council (UK) Guidelines 2005 and can be tailored to individual client needs. It is suitable for the complete novice to those who are skilled in the area but feel their skills need updating.

Objectives:

Resuscitation training will normally take place over three hours and includes the necessary theory followed by practical 'hands-on' experience to build confidence.

Who should attend:

Individuals who feel the need to update their resuscitation skills.

Duration:

3 hours

Outline:

- The Theory of Resuscitation
- Incident Management
- Basic Life Support
- Recovery Position

Key Contact:

For further information or to arrange an appointment, contact:

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How to Book:

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