

Moving and Handling Trainer's Course

Aims and Objectives:

To equip participants with the necessary skills and knowledge to competently and confidently train others in client moving and handling

Learning Outcomes:

Following this study day the participant will:

- Be able to deliver both theoretical and / or practical training on an identified topic to a small group:
- Know the relevant legislation and policies in relation to manual handling
- Be able to describe the relevant anatomical structures and explain the concept of tissue adaptation
- Have the knowledge to undertake client risk assessments
- Correctly demonstrate core pattern movements and safe handling practices
- Successfully complete all theoretical and practical aspects of the assessment

Target Group:

Health and Social care workers who, with the support of their manager, have been identified as suitable potential moving and handling trainers

The course can be taught in the customers premises if there are suitable numbers and the accommodation and equipment is appropriate

NB All participants will be required to provide the necessary course reading material. Following the course all participants will be provided with materials for training.

Duration:

Five days

Key Contact:

For further information or to arrange an appointment, contact

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How to Book:

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